

July 5th-9th 2010
 Central Baptist Church Childcare Center
 Breakfast, Lunch and Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Fruit/Vegetable Grain/Bread Milk Other	Breakfast HAPPY 4 TH OF JULY	Breakfast Fruit Cereal Milk	Breakfast Fruit Banana Hot Dog Milk	Breakfast Fruit Bagels Milk	Breakfast Fruit Cereal Milk
Lunch Meat/Meat Alternate Fruit/Vegetable 1 Vegetable 2 Grain/Bread Milk Other	Lunch HAPPY 4 TH OF JULY	Lunch Roast Beef Fruit Celery WW Crackers Milk	Lunch Cheesy Mac HM Green Beans Fruit WW Pasta Milk	Lunch Hawiian Pizza HM Carrot Sticks Pineapples WW Sub Bread Milk	Lunch Turkey Corn Fruit WW Crackers Milk
Snack (2 components) Meat/Meat Alternate Fruit/ Vegetable Grain/Bread Milk Other	Snack HAPPY 4 TH OF JULY	Snack Fruit Chex Mix Water	Snack Pineapple Strawberry Slush HM G.Crackers Water	Snack Fruit Celery Water	Snack Chocolate Covered Banana Pretzels Water

HM=Homemade WW=Whole Wheat

July 12th-16th 2010
 Central Baptist Church Childcare Center
 Breakfast, Lunch and Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Fruit/Vegetable	Fruit	Fruit	Fruit	fruit	Fruit
Grain/Bread	Cereal	Waffle	Cereal	Bagels	Cereal
Milk	Milk	Milk	Milk	Milk	Milk
Other					
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Meat/Meat Alternate	Roast Beef	Baked Spagehetti	Turkey	Chicken Taco	Ham and Cheese
Fruit/Vegetable 1	Fruit	Celery	Carrots	Corn	Sub
Vegetable 2	Cauliflower	fruit	Fruit	Fruits	Fruit
Grain/Bread	WW bread	Ww tortilla	WW Crackers	WW Tortilla	Cucumbers
Milk	Milk	Milk	Milk	Milk	WW Sub Bread
Other					Milk
Snack (2 components)	Snack	Snack	Snack	Snack	Snack
Meat/Meat Alternate		Cheese			100% Juice Push
Fruit/ Vegetable	Carrots		Raisins	Fruit	Up
Grain/Bread	Animal Crakcers	WW Crackers	Graham Crackers	Chex Mix	Goldfish
Milk		Water			
Other	Water		Water	Water	

HM=Homemade WW=Whole Wheat

July 19th - July 23rd 2010
 Central Baptist Church Childcare Center
 Breakfast, Lunch and Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Fruit/Vegetable	Fruit	Banana	Fruit	Fruit	Fruit
Grain/Bread	Cereal	Hot Dog (Bun)	Cereal	Bagels	Cereal
Milk	Milk	Milk	Milk	Milk	Milk
Other					
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Meat/Meat Alternate	Mac and Cheese	Taco	BBQ Chicken	Turkey and Cheese	Ham
Fruit/Vegetable 1	Celery	Corn	Green Beans	Sub	Fruit
Vegetable 2	Fruit	fruit	Fruit	Cucumber Coins	Carrots
Grain/Bread	WW Pasta	WW Tortilla	WW Bread	fruit	WW Crackers
Milk	Milk	Milk	Milk	WW Sub Bread	Milk
Other				Milk	
Snack (2 components)	Snack	Snack	Snack	Snack	Snack
Meat/Meat Alternate					
Fruit/ Vegetable	Fruit	100% Fruit Slush	Raisins	Fruit	Fruit
Grain/Bread	Pretzels	Chex Mix	Graham Crackers	Goldfish	Bagels
Milk					
Other	Water		Water		

HM=Homemade WW=Whole Wheat

July 25th- July30th 2010
 Central Baptist Church Childcare Center
 Breakfast, Lunch and Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Fruit/Vegetable	Fruit	Fruit	Fruit	fruit	Fruit
Grain/Bread	Cereal	French Toast Sticks	Cereal	Bagels	Cereal
Milk	Milk	Milk	Milk	Milk	Milk
Other					
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Meat/Meat Alternate	Ham	Cheese Roll Up	Grilled Chicken	Turkey and Cheese	Hamburgers
Fruit/Vegetable 1	Lima Beans	Fruit	Salad	Sub	Tator Tots
Vegetable 2	fruit	Celery Sticks	Fruit	Carrot Sticks	Fruit
Grain/Bread	WW Bread	WW Tortilla	WW Crackers	Cucumbers	WW Bread
Milk	Milk	Milk	Milk	WW Sub Bread	Milk
Other				Milk	
Snack (2 components)	Snack	Snack	Snack	Snack	Snack
Meat/Meat Alternate	Cheese				
Fruit/ Vegetable		100%Fruit Slush	Fruit	Celery	100% Fuit Push Up
Grain/Bread	WW Crackers	Chex Mix	Goldfish	Pretzels	Graham Crackers
Milk			Water		
Other	Water	Water		Water	Water

HM=Homemade WW=Whole Wheat