

March 1st – 5th 2010
 Central Baptist Church Childcare Center
 Breakfast, Lunch and Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Fruit/Vegetable	Fruit	Fruit	Fruit	fruit	Fruit
Grain/Bread	Cereal	French Toast	Cereal	Bagels	Cereal
Milk	Milk	Milk	Milk	Milk	Milk
Other					
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Meat/Meat Alternate	Ham	Cheese roll-up	Turkey	Roast Beef	Beef
Fruit/Vegetable 1	Fruit	Peas	Broccoli	Green Beans	Fruit
Vegetable 2	Corn	fruit	Fruit	fruit	Veggies in soup
Grain/Bread	WW bread	Ww tortilla	WW Bread	WW Bread	WW Cracker
Milk	Milk	Milk	Milk	Milk	Milk
Other					
Snack (2 components)	Snack	Snack	Snack	Snack	Snack
Meat/Meat Alternate	Cheese			Fruit	100% Juice
Fruit/ Vegetable		Raisins	fruit		
Grain/Bread	WW Crackers	Chex mix	Goldfish	Pretzels	Graham Crackers
Milk					
Other	Water	Water	Water	Water	

HM=Homemade WW=Whole Wheat

March 8th - 12th 2010
 Central Baptist Church Childcare Center
 Breakfast, Lunch and Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Fruit/Vegetable	Fruit	Fruit	Fruit	Fruit	Fruit
Grain/Bread	Cereal	French Toast	Cereal	biscuits	Cereal
Milk	Milk	Milk	Milk	Milk	Milk
Other					
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Meat/Meat Alternate	HM Chix Noodle	HM Fiesta Mac	Cheese Roll Up	BBQ Chicken	Pizza
Fruit/Vegetable 1	Soup	Green Beans	Cucumbers	Lima Beans	Fruit
Vegetable 2	Celery	fruit	Fruit	fruit	Corn
Grain/Bread	Carrots	WW Noodles	WW Tortilla	WW bread	WW crust
Milk	WW Noodles/ Milk	Milk	Milk	Milk	Milk
Other					
Snack (2 components)	Snack	Snack	Snack	Snack	Snack
Meat/Meat Alternate	Cheese				
Fruit/ Vegetable		Celery	Carrots		Carrots
Grain/Bread	WW Cracker	Goldfish	Graham Crackers	Animal Crackers	Chex Mix
Milk					
Other	Water		Water	Milk	

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March 15th-19th 2010
 Central Baptist Church Childcare Center
 Breakfast, Lunch and Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Fruit/Vegetable	Fruit	Fruit	Fruit	fruit	Fruit
Grain/Bread	Cereal	Oatmeal	Cereal	Bagel	Cereal
Milk	Milk	Milk	Milk	Milk	Milk
Other					
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Meat/Meat Alternate	Beef Ravioli	HM Tuna Noodle	Cheesy Mac HM	Quesadillas	Turkey
Fruit/Vegetable 1	Broccoli	Casserole	Fruit	Celery Sticks	Corn
Vegetable 2	fruit	Fruit	Beans	fruit	Fruit
Grain/Bread	WW Bread	Celery Sticks	WW Pasta	WW Tortilla	WW Bread
Milk	Milk	WW Noodles	Milk	Milk	Milk
Other		Milk			
Snack (2 components)	Snack	Snack	Snack	Snack	Snack
Meat/Meat Alternate					
Fruit/ Vegetable	Celery	Fruit	carrots	fruit	raisins
Grain/Bread	WW crackers	Animals Crackers	Pretzels	goldfish	graham crackers
Milk					
Other	Water	Water	Water	Water	Water

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March 23rd-26th 2010
 Central Baptist Church Childcare Center
 Breakfast, Lunch and Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Fruit/Vegetable	Fruit	Fruit	Fruit	Fruit	Fruit
Grain/Bread	Cereal	French Toast	Cereal	Bagels	Cereal
Milk	Milk	Milk	Milk	Milk	Milk
Other					
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Meat/Meat Alternate	Ham	Beef-A-Roni	Pinto Beans	Chicken	HM Vegetable
Fruit/Vegetable 1	Fruit	Green beans	fruit	Broccoli	Casserole w/Cheese
Vegetable 2	Peas	fruit	Celery	fruit	Sauce
Grain/Bread	WW Bread	WW Pasta	WW Crackers	WW bread	Fruit Salad
Milk	Milk	Milk	Milk	Milk	WW Crackers
Other					Milk
Snack (2 components)	Snack	Snack	Snack	Snack	Snack
Meat/Meat Alternate					
Fruit/ Vegetable	carrots	Celery	raisins	Baked Potato	fruit
Grain/Bread	Animal Crackers	WW Crackers	Graham Crackers		Goldfish
Milk					
Other	Water	Water	Water	Milk	

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March 29th- April 2nd 2010
 Central Baptist Church Childcare Center
 Breakfast, Lunch and Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Fruit/Vegetable	Fruit	Fruit	Fruit	Fruit	Fruit
Grain/Bread	Cereal	French toast	Cereal	Bagels	Cereal
Milk	Milk	Milk	Milk	Milk	Milk
Other					
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Meat/Meat Alternate	Mac Cheese w/Ham chunks HM	Chili HM	Chicken Lasagna	Ham and Cheese Sandwich	Turkey
Fruit/Vegetable 1	Celery	Fruit	Cauliflower	Fruit	Fruit
Vegetable 2	Fruit	Carrot Sticks	Fruit	Cucumber coins	Mixed veggies
Grain/Bread	WW Pasta	WW Crackers	WW Noodles	WW bread	WW Crackers
Milk	Milk	Milk	Milk	Milk	Milk
Other					
Snack (2 components)	Snack	Snack	Snack	Snack	Snack
Meat/Meat Alternate					Cheese
Fruit/ Vegetable	Fruit	Raisin	Fruit	Fruit	
Grain/Bread	Pretzels	Chex Mix	WW Crackers	Goldfish	½ Bagel
Milk					
Other	Water	Water	Water	Water	Water

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